

Public local and regional transportation services include buses, rail, shuttles, and trolleys. Public transit could follow a fixed route with designated stops, a deviated fixed route, or be provided on demand. All public transit services include accessible transportation options for people with disabilities.

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Virginia Breeze Bus Lines

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[Virginia Breeze Bus Lines](#)

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DRPT ConnectingVA

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Article

MyMobility Plan

The mobility planning toolpdf icon can guide you to take action today to help keep yourself—or your loved ones—safe, mobile, and independent tomorrow.

Source

[Centers for Disease Control \(CDC\)](#)

Article

Transportation: What Caregivers Need to Know

Ways to help your loved one get around when you can't provide a ride.

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[AARP](#)

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Virginia Transit Association: How to Ride the Bus

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[Virginia Transit Association: How to Ride the Bus](#)

Article

Why Mobility Managers Can Be Transportation Game Changers

Mobility managers are transportation coordinators for older adults, people with disabilities, veterans, and other members of the riding public. They can help people “find a ride” by connecting them to transportation options in their communities.

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Virginia Mobility Management Directory

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Older Adults and Transportation

Older adults need convenient, affordable, and accessible transportation options in their local communities.

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