

Inpatient Rehabilitation

Programs that provide intensive rehabilitative services on a 24-hour basis for patients who are severely disabled as a result of injury or disease. Services include a thorough evaluation of the person's abilities and disabilities and the development and implementation of a rehabilitation plan which may incorporate physical, occupational, speech and/or other types of therapies; education about modifications in lifestyle which may be necessary including information about diet, exercise and stress reduction; guidance in using adaptive devices which maximize the person's functional abilities; and counseling for the person and/or significant others to facilitate a positive adjustment to the person's current condition. Services may be offered at rehabilitation hospitals or other inpatient rehabilitation facilities.

Books & Guides

A Guide to Senior Rehabilitation Centers

Senior rehabilitation centers provide medical care and skilled nursing services that help patients make a full post-treatment recovery. This guide introduces senior rehabilitation centers, explores who might need rehab care and gives an overview of typical services.

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Rehabilitation - MedlinePlus

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Article

Managing the Transition From Hospital to Rehab to Home

When faced with care transitions, planning is important to make the process go smoothly.

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[AARP](#)

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Sheltering Arms Physical Rehabilitation and Therapy

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Medicare.gov: Care Compare Tool for Finding Health Care Providers

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