

Losing a loved one is a difficult and painful experience and the grieving process may take time. It can help to find resources and support for dealing with your loss.

---

[View PDF](#)

Links

## **Cake: Funeral and End-of-Life Platform and Tools**

Source

[Cake: Funeral and End-of-Life Platform and Tools](#)

Article

## **4 Common Myths About Reactions to Grief**

This article explores four of the most common myths about our reactions to grief... and the truth about each.

Source

[WayForth](#)

Article

## **Caring for My Dying Father Changed Me Forever**

A daughter shares what it was like to find out that her father had cancer and how her experiences with illness and dying changed her perspective.

Source

[Springible](#)

Article

## **Caregiver Self Assessment Questionnaire**

How are you? The Caregiver Self Assessment Questionnaire helps caregivers identify their own needs and offers strategies for follow up.

Source

[HealthinAging.org](http://HealthinAging.org)

Article

## **How to Move On From Caregiving After a Parent Dies**

When a parent dies and caregiving ends, caregivers can experience sadness and grief as well as a feeling of "What do I do now?"

Source

[Next Avenue](http://Next Avenue)

Links

## **AARP: Grief, Loss and End of Life**

Source

[AARP: Grief, Loss and End of Life](http://AARP: Grief, Loss and End of Life)

Links

## **GriefShare Support Groups**

Source

[GriefShare Support Groups](http://GriefShare Support Groups)

Links

## **Family Caregiver Alliance: Grief & Loss**

Source

[Family Caregiver Alliance: Grief & Loss](http://Family Caregiver Alliance: Grief & Loss)

Links

## **Well Spouse Association**

Source

[Well Spouse Association](http://Well Spouse Association)

Article

## [5 Simple Ways to Help Someone Who's Grieving](#)

Feeling helpless as a caregiver, friend or family member? Here are 5 simple ways to help someone who's grieving.

Source

[Caring.com](#)

### **Pagination**

- [Page 1](#)
- [Page 2](#)
- [Next page >>](#)
- [Last page Last >](#)

Showing 1-10 of 13 Results