

## **Palliative and Hospice Care**

When the time is right, palliative and hospice care can offer wholistic end of life support and resources.

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## **Frequently Asked Questions About Palliative Care**

Planning for care during a serious illness can be challenging. Palliative care is an option that can help patients and their families. To learn more, explore answers to frequently asked questions about palliative care below.

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[National Institute on Aging](#)

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## **Virtual Advance Care Planning Conversations from Honoring Choices Virginia**

Find out about Honoring Choices Virginia's Virtual Advance Care Planning Conversations.

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[Honoring Choices® Virginia](#)

Books & Guides

## **Caregiver's Guide to Hospice**

The Caregiver's Guide to Hospice explains what makes hospice care unique. It also clarifies misconceptions about hospice that can confuse a family when making important decisions about care options.

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[Open Caregiving](#)

Links

## **Open Caregiving: Caregiver End of Life Resources**

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[Open Caregiving: Caregiver End of Life Resources](#)

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## **CaringInfo (National Hospice and Palliative Care Organization)**

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[CaringInfo \(National Hospice and Palliative Care Organization\)](#)

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## **Advance Directives and Long-Term Care**

Advance directives explain how you want medical decisions to be made when you're too ill to speak for yourself.

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[Centers for Medicare & Medicaid Services](#)

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## **The Conversation Project**

The Conversation Project is dedicated to helping people talk about their wishes for end-of-life care.

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[The Conversation Project](#)

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## **National POLST: Physician Orders for Life-Sustaining Treatment**

The National POLST Paradigm is an approach to end-of-life planning based on conversations between patients, loved ones, and health care professionals

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[National POLST: Physician Orders for Life-Sustaining Treatment](#)

Links

## **ConnectVirginia: Virginia Advance Health Care Directives Registry**

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[ConnectVirginia: Virginia Advance Health Care Directives Registry](#)

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## **Understanding Palliative/Supportive Care: What Every Caregiver Should Know**

What is palliative care and how does it differ from hospice care? Find out more information about what caregivers should know about palliative care.

Source

[Family Caregiver Alliance](#)

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