

Alcohol

Get the facts about alcohol use and older adults. There are many considerations and issues related to alcohol use including interactions between alcohol and medications and alcohol abuse and addiction.

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Links

Mental Health Support: Find support for mental health, drugs or alcohol

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Links

Drug Topics from the National Institute on Drug Abuse

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[Drug Topics from the National Institute on Drug Abuse](#)

Article

Older Adults and Alcohol

Older adults can experience a variety of problems from drinking alcohol including increased sensitivity to alcohol, health problems, and medication interactions.

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[National Institute on Alcohol Abuse and Alcoholism](#)

Books & Guides

Learn Alcohol Basics: Information for Older Adults

[Learn Alcohol Basics](#) provides information on how to enhance your health and safety as you age.

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[Virginia Department of Alcoholic Beverage Control](#)

Article

How to Talk to an Older Adult Who Has a Problem with Alcohol or Medications

Some older adults struggle with alcohol abuse, some with overuse of prescription medications, and some with both.

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[Hazelden Betty Ford Foundation](#)

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Substance Abuse and Mental Health Services Administration (SAMHSA)

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[Substance Abuse and Mental Health Services Administration \(SAMHSA\)](#)

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Learn-About-Alcoholism.com

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Alcoholics Anonymous (AA)

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National Institute on Alcohol Abuse and Alcoholism at NIH

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Virginia Association of Community Services Boards, Inc.

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