

Programs, also called continuing education and adult education, include classes, workshops and other educational programs specifically for adults.

Links

## **edX: Transformation through education**

Source

[edX: Transformation through education](#)

Links

## **Internet Archive: Free Books, Movies, Software, Music**

Source

[Internet Archive: Free Books, Movies, Software, Music](#)

Links

## **Senior Planet: Live Virtual Classes from AARP**

Source

[Senior Planet: Live Virtual Classes from AARP](#)

Links

## **Oasis Institute - Lifelong Adventure**

Source

[Oasis Institute - Lifelong Adventure](#)

Links

## **AARP Events and Resources Near You**

Source

[AARP Events and Resources Near You](#)

Article

## **Self-Assessment: Is Isolation Affecting Me?**

You can take the Connect2Affect Self-Assessment for social isolation for yourself or someone you know.

Source

[AARP](#)

Links

## **Virginia Cooperative Extension**

Source

[Virginia Cooperative Extension](#)

Article

## **Age in Action: PALETTE-An Intergenerational Art Program to Improve Health Care Delivery and Health Outcomes of Older Adults**

This Age in Action newsletter explores how an intergenerational arts and movement program that pairs older adults and pre-clinical health care professions students provides benefits for all.

Source

[Virginia Center on Aging](#)

Article

## **Blaze A Trail To Reinvention**

Today, older Americans are living longer and are more healthy than ever before. Many retirees are finding new inspiration in second careers, helping others, discovering new interests, and pursuing dreams.

Source

[Administration for Community Living](#)

Links

# Virginia's Community Colleges

Source

Virginia's Community Colleges

## **Pagination**

- [Current page 1](#)
- [Page 2](#)
- [Next page >>](#)
- [Last page Last »](#)

Showing 1-10 of 20 Results