

Grandparent and Kinship Care Supports

Programs in which the full time care, supervision, nurturing and protection of a minor child is the responsibility of a grandparent, aunt, uncle or other relative, member of the child's tribe or clan, godparent, stepparent, friend of family or another adult who has a long-standing relationship with the child or the family. In many cases, the programs are specifically for grandparents including those raising grandchildren.

Article

Grand Caregivers: Lessons Learned While Caring for Grandparents

With the increase in multi-generational families, grandchildren play a more prominent role in caring for their grandparents. How grandchildren care for grandparents varies considerably based on age and ability – and whether a parent is involved in the caregiving.

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Article

Grandfamily Caregiver Tip Sheets

Generations United with support from our partner Humana, developed tip sheets on self-care and youth mental health for grandfamily caregivers.

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[Generations United](#)

Books & Guides

Generations United: 2022 Grandfamilies Report

The 2022 State of Grandfamilies Report - Together at the Table: Supporting the Nutrition, Health, and Well-Being of Grandfamilies includes the latest findings on grandfamilies facing high rates of hunger and food insecurity.

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[Generations United](#)

Links

Virginia Kinship Navigator Programs

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[Virginia Kinship Navigator Programs](#)

Links

Kinship Care: Virginia Department of Social Services (VDSS)

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[Kinship Care: Virginia Department of Social Services \(VDSS\)](#)

Books & Guides

GRAND RESOURCE: Help for Grandfamilies Impacted by Opioids and Other Substance Abuse

[Help for Grandfamilies Impacted by Opioids and Other Substance Abuse](#) (2019)

offers information and tips to help grandfamilies affected by substance use.

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[Generations United](#)

Links

Generations United: Grandfamilies

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[Generations United: Grandfamilies](#)

Article

GrandFacts: State Fact Sheets for Grandfamilies

The GrandFacts state fact sheets include state-specific information and resources for grandfamilies.

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Grandfamilies.org

Links

Grandparents Raising Grandchildren: Realizing you are not alone

Source

[Grandparents Raising Grandchildren: Realizing you are not alone](#)

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Grandparenting Today

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