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## [The Caregiver's Playbook Training Series](#)

Date and Time

Weekly on Thursday 7:00 to 7:30pm for 4 times

Event URL

[Register](#)

Event Region

Statewide

Event Type

Webinar

Event Cost

\$0.00

Event Description

### **Mastering the Challenges. Empowering the Journey**

Caregivers are the backbone of so many families, and it's crucial they receive the support and tools they need to thrive. Join us for The Caregiver's Playbook training series starting on January 23rd at 7 PM ET. This 4-part series is hosted by @ConfessionsofaReluctantCaregiver and @ForgeHealth, and is designed for caregivers and professionals to navigate the complexities of caregiving with confidence. From practical strategies to emotional support, we'll guide you through every aspect of caregiving.

This series offers essential tools for those in caregiving roles, whether you're a professional or family member. Don't miss out on this valuable training!

Image



# THE CAREGIVER'S PLAYBOOK TRAINING SERIES:

Mastering the Challenges.  
Empowering the Journey.

**Session 1** – Welcome to Your New Job: Caregiver, 1/23

**Session 2** – Navigating Your New Role in the World, 1/30

**Session 3** – Hindsight is 20/20: People, Places and Purpose, 2/6

**Session 4** – Now What? Life After Caregiving, 2/13



**Natalie Elliott Handy, MSW**  
Co-Host of the Confessions of a  
Reluctant Caregiver Podcast

**Scan to Register!**



**Dr. Guy Maytal**  
Chief Medical Officer of  
Forge Health

Event Image or Sponsor Logo  
Image

