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## [Brain Injury Association of Virginia ~ Virtual Support Group](#)

Date and Time

Monthly on the fourth Tuesday at 6:00pm for 15 times

Upcoming

- Tuesday 1/28/2025 6:00 to 7:00pm
- Tuesday 2/25/2025 6:00 to 7:00pm
- Tuesday 3/25/2025 6:00 to 7:00pm
- Tuesday 4/22/2025 6:00 to 7:00pm
- Tuesday 5/27/2025 6:00 to 7:00pm
- Tuesday 6/24/2025 6:00 to 7:00pm
- Tuesday 7/22/2025 6:00 to 7:00pm
- Tuesday 8/26/2025 6:00 to 7:00pm
- Tuesday 9/23/2025 6:00 to 7:00pm
- Tuesday 10/28/2025 6:00 to 7:00pm
- Tuesday 11/25/2025 6:00 to 7:00pm
- Tuesday 12/23/2025 6:00 to 7:00pm
- Tuesday 1/27/2026 6:00 to 7:00pm
- Tuesday 2/24/2026 6:00 to 7:00pm

Event Region

Statewide

Event Type

Support group

RSVP Info

To join, contact [info@biav.net](mailto:info@biav.net) or 804-355-5748 ext. 102

Event Cost

\$0.00

Event Description

**For People Living with Brain Injury, Their Families, and Friends**

Living with a brain injury can be an isolating experience. **But you're not alone.** Whether you are an individual living with a brain injury or a family caregiver, attending a support group gives you a safe space to talk to others who truly understand what you're going through.

## Join Us

Attend any of BIAV's support groups. Receive support, strength, and share your experiences with others in the same position.

Join us on the fourth Tuesday of every month at 6 p.m.

Event Image or Sponsor Logo

Image

