## Published on SeniorNavigator (https://seniornavigator.org)

## **Art and Care**

Date and Time Monthly on the first Thursday at 2:00pm for 8 times Upcoming

- Thursday 6/6/2024 2:00 to 3:00pm
- Thursday 7/4/2024 2:00 to 3:00pm
- Thursday 8/1/2024 2:00 to 3:00pm
- Thursday 9/5/2024 2:00 to 3:00pm
- Thursday 10/3/2024 2:00 to 3:00pm
- Thursday 11/7/2024 2:00 to 3:00pm

**Event URL** 

Art and Care Flyer

**Event Region** 

Harrisonburg/Staunton/Lexington

**Event Type** 

Class - Workshop

**Event Cost** 

\$0.00

**Event Description** 

Art and Care is for family caregivers to get together and discuss the challenges and triumphs of caregiving while focusing on a self-care art project. This is also a partnership with VPAS.

This Class occurs on the  $1^{\rm st}$  Thursday of the month from 2pm until 3 pm starting in April at the Waynesboro Public Librar

Contact Rachel McDowell for more information at 540-942-6583 or email mcdowellra@ci.waynesboro.va.us

Event Image or Sponsor Logo Image

