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## Housing Options

Need help understanding and simplifying senior housing? There's an array of senior living options across Virginia that cater to different needs. See the FAQs below to explore what might be best for you or a loved one.

Use the **Virginia Senior Housing Finder** to explore senior housing options and supports including independent living, assisted living, memory care, veteran homes, and nursing facilities. If you're seeking a continuum of care in one place, then check out a life plan community (LPC) or continuing care retirement community (CCRC).

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## Senior Living Resources

[LeadingAge Virginia](#)

LeadingAge Virginia is a community of Virginia nonprofit aging services providers and other organizations serving older adults. Explore their [resources page](#) for more information.

## [Free Expert Advice](#)

Utilize Ask an Expert – where you can receive free, confidential expert advice for housing and caregiving related questions and concerns.

## [Consumer Guide to Life Plan Communities](#)

Use this [informative guide](#) if you are seeking information and resources about Life Plan Communities (LPC) or Continuing Care Retirement Communities (CRC).

## [Caregiver Tech Tool Finder](#)

The Caregiver Tech Tool Finder gives you independent, unbiased recommendations for the best caregiving apps, devices and other tech.

## **Frequently Asked Questions**

**There are many housing options for older adults and it can be confusing.  
Can you help me better understand what is out there?**

Overwhelmed by all the senior housing possibilities? The article [Housing Options for Older Americans](#) provides a helpful overview of the various living situations and factors to consider in your decision making.

## **How can I get started with having tough caregiving conversations with my loved ones?**

Sometimes taking the first step is the hardest. As you explore housing options, here are [helpful strategies to make having difficult family conversations more comfortable](#) and productive.

## **What is a life plan community? How is it different from other senior housing options?**

A Life Plan Community offers all levels of care in one community including independent and assisted living and nursing care. To find out more, this article [provides a great overview!](#)

## **What should I look for in selecting an assisted living community?**

Use this [Consumer Guide](#) to help you choose an assisted living residence to meet your needs.

## **How can I assess the quality of nursing care facilities for my loved one?**

When looking for nursing home care, it's a good idea to do your research both online and in-person. [This article can help you determine which facility will best meet your family members needs.](#)

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