

Published on *SeniorNavigator* (<https://seniornavigator.org>)

## **[Pathways To Well-Being With Dementia](#)**

### **Pathways To Well-Being With Dementia: A Manual of Help, Hope and Inspiration**

This exceptional guide gives essential information about living with dementia from 48 people living with it, their care partners, and leading dementia specialists. The science-based information is presented in a user-friendly format.

[Pathways To Well-Being With Dementia](#) is aimed at people who are experiencing some cognitive changes, have been diagnosed with mild cognitive impairment, or who have been diagnosed with a form of dementia and want to live proactively. A comprehensive collaboratively-written resource, it offers a broad range of insights, expertise, and inspiration.