## **Companion Care**

Age Requirements 18 and over Intake Process Visit the website for information; call the office. **Report Problems** Call the Agency Self Refer Yes FirstLight Home Care of Springfield https://www.firstlighthomecare.com/home-healthcare-springfield-alexandria/ https://www.firstlighthomecare.com/home-healthcare-springfield-alexandria/home-... https://www.facebook.com/FirstLightHomeCareGreaterSpringfield/ Main (703) 982-7646 9020-F Lorton Station Blvd, Suite 109 22079 VA **United States** Monday: 9:00 am-5:00 pm Tuesday: 9:00 am-5:00 pm Wednesday: 9:00 am-5:00 pm Thursday: 9:00 am-5:00 pm Friday: 9:00 am-5:00 pm Saturday: Closed Sunday: Closed Fee Structure Fee Range Payment Method(s) Private Pay Languages Spoken English

FirstLight Home Care of Springfield offers companion care services in your home. Inhome care for adults of all ages is available wherever and whenever it is needed. Caregivers at FirstLight are compassionate, caring, sincere, experienced, and attentive. Dementia and Veteran care services are also available.

Whether for seniors that need some assistance to stay in their homes, families with members who have special needs or disabilities, those recovering from an illness or surgery, or even people who just need someone to talk to and visit with, FirstLight caregivers can provide services for several hours a week up to full time, live in situations.

Companion care can include medication reminders, meal planning, and preparation, light housekeeping, laundry services, regular visits, company and conversation, shopping and errand services, routine and incidental transportation, recreational activities, mail, and paperwork organization, live-in services, and more.

Please contact the office for more information. Personal and respite care is also available.

Service Area(s) Alexandria City , Arlington County , Fairfax City , Fairfax County , Falls Church City