

## Companion Care

Age Requirements

18 and over

Intake Process

Visit the website; call the office

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Grandmommy's Heart

<https://www.grandmommysheart.com/our-services>

Main

(703) 582-3872

25097 Green Mountain Terrace

20105 VA

United States

Fee Structure

Fixed Fee

Payment Method(s)

Private Pay

Languages Spoken

English

Grandmommy's Heart provides companion services and support to aging adults to help them sustain their independence. Services can include

- Companionship
- Meal Preparation
- Grocery Shopping
- Medication Reminders
- Dog Walking

- Transportation Services
- Light Housekeeping
- Errand Service

Other services can include respite care to give the primary caregiver a much-needed break.

Service Area(s)

Fairfax City

,

Fairfax County

,

Falls Church City

,

Loudoun County

Email

[info@grandmommysheart.com](mailto:info@grandmommysheart.com)