Published on SeniorNavigator (https://seniornavigator.org)

Staying Connected and Healthy During the COVID- 19 Pandemic

<u>Staying Connected and Healthy During the COVID-19 Pandemic</u> was developed by The National Association of Area Agencies on Aging (n4a) and Eldercare Locator to provides resources for older adults and caregivers to help them decrease social isolation and loneliness.