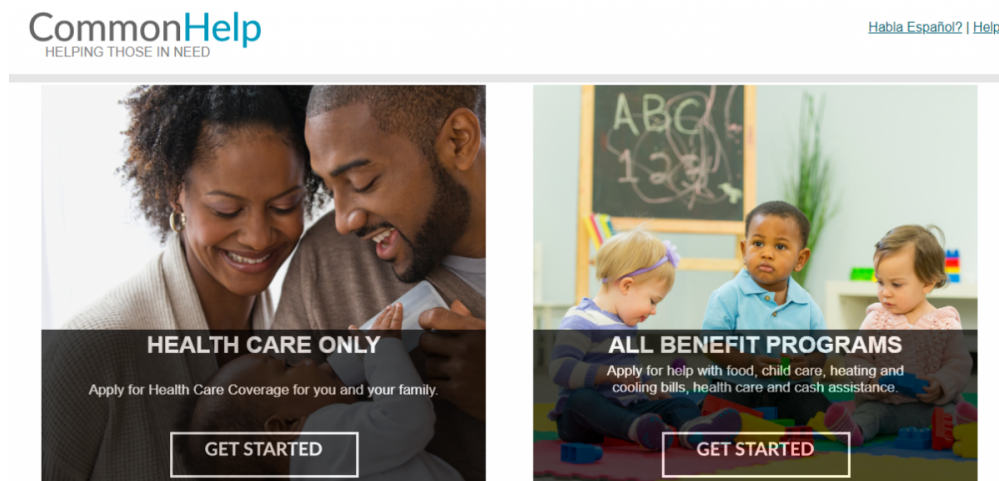


Published on *SeniorNavigator* (<https://seniornavigator.org>)

## CommonHelp...helping those in need

Have you been impacted by COVID-19? Get help and resources.



The image shows a banner for the CommonHelp website. At the top left is the logo "CommonHelp" with the tagline "HELPING THOSE IN NEED". At the top right is a link "Habla Español? | Help". Below the logo is a navigation bar with two main options: "HEALTH CARE ONLY" and "ALL BENEFIT PROGRAMS". Each option includes a brief description and a "GET STARTED" button. The "HEALTH CARE ONLY" option features a photo of a family looking at a document. The "ALL BENEFIT PROGRAMS" option features a photo of three children in a classroom setting.

**CommonHelp**  
HELPING THOSE IN NEED

[Habla Español? | Help](#)

**HEALTH CARE ONLY**  
Apply for Health Care Coverage for you and your family.  
[GET STARTED](#)

**ALL BENEFIT PROGRAMS**  
Apply for help with food, child care, heating and cooling bills, health care and cash assistance.  
[GET STARTED](#)

[CommonHelp](#) is a quick and easy resource for people who live in Virginia to check the status of their benefits, report changes to their status, and find out if they may be eligible to receive the following:

- Low or no-cost health care
- Help with buying prescription drugs
- Help with paying for child care
- Home energy assistance
- Help with buying food  
*i.e. Supplemental Nutrition Assistance Program (SNAP)/food stamps*
- Temporary cash assistance for families with minor children  
*i.e. Temporary Assistance for Needy Families (TANF)*

Through CommonHelp, new users can access an online tool to see what help or benefits they may qualify for before applying. First-time users will be required to [create an account](#) to begin using CommonHelp.

Please note individuals who receive [Unemployment Insurance Benefits](#) may not be eligible for other CommonHelp benefits.

## Videos

- [How to Apply for Benefits](#) (MP4)
- [How to Apply for Benefits \(Spanish\)](#) (MP4)
- [Using CommonHelp After Applying](#) (MP4)
- [Using CommonHelp After Applying \(Spanish\)](#) (MP4)

[Apply Online Using CommonHelp](#)

Article Source

Virginia CommonHelp

Source URL

<https://commonhelp.virginia.gov>

Last Reviewed

Tuesday, April 5, 2022