

## **Multiple Sclerosis Rehabilitation**

Available 24/7

Yes

Documents Required

Call for details

Intake Process

Call for information. Admissions information is available on the website.

Intake Contact Telephone

(804) 877-4000

Provider Refer

Yes

Report Problems

Call the Agency

Sheltering Arms Institute (SAI)

<https://shelteringarmsinstitute.com/>

<https://shelteringarmsinstitute.com/conditions-services/multiple-sclerosis-reha...>

<https://www.facebook.com/ShelteringArmsInstitute/>

[https://twitter.com/SAI\\_Rehab](https://twitter.com/SAI_Rehab)

Main

(804) 877-4000

2000 Wilkes Ridge Drive

23233 VA

United States

Fee Structure

Call for Information

Payment Method(s)

Private Pay

,

Private Insurance

,

Medicaid

,

Medicare

Languages Spoken

## English

Sheltering Arms Institute is a state-of-the-science, 114-bed, rehabilitation hospital that blends advanced technology, research, and evidence-based clinical care to create superior outcomes for patients.

Features include:

- 212,063 total square feet,
- All private patient rooms,
- Traumatic brain injury, spinal cord injury, complex care, stroke, and general rehabilitation units,
- 9,251 sq. ft. main therapy gym and three satellite gyms,
- Research, conference, and outdoor space,
- Physician, psychology, and nursing services,
- Physical, occupational, and speech therapy,
- Therapeutic recreation,
- Cutting-edge patient care technology and rehabilitation equipment,
- Chapel and dining room,
- Designated visitor areas.

Multi-disciplinary physical rehabilitation specialties such as physical, occupational, speech, and recreational therapy are important for Multiple Sclerosis (MS) patients at all stages of the disease to maximize function and independence. Participating in physical rehabilitation with therapists who specialize in managing symptoms of MS is important as heat sensitivity and fatigue greatly impact exercise and activity tolerance.

The emotional and cognitive consequences of MS can be addressed by the medical psychology team at Sheltering Arms Institute. They provide a variety of behavioral, motivational, and other psychotherapeutic treatments as well as neuropsychological testing to help guide patients through the emotional effects of MS.

Service Area(s)

Statewide