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Fairfax County Virtual Senior Center

Date and Time
Weekly on Monday at 10:00am for 12 times
Event URL

Virtual Senior Center

Event Region
Northern Virginia
Event Type
Social event
Event Cost

\$0.00

Event Description

Fairfax County AAA launched a Virtual Senior Center through partnerships with many county agencies. Additionally, their "Lunch Bunch" enables participants to eat together, virtually. Two Fairfax AAA Caregiver Specialists also facilitate a Caregiver Lunch bunch twice a week, with discussion topics of interest to caregivers. Visit Fairfax Area Agency on Aging at https://www.fairfaxcounty.gov/familyservices/older-adults. Find Connection, Exercise Your Body and Mind and Have Fun! Virtual Center for Active Adults logoThe goal of the Virtual Center for Active Adults is to enrich the lives of adults in Fairfax County while combatting isolation. Here you can connect with your peers, engage in a variety of activities and discover useful resources. Join live, interactive programs and engage with other adults. You can also watch programs on demand on your own schedule. We have also included a curated list of virtual activities and useful services and resources available to residents of Fairfax County.