

# **Therapeutic Recreation, Midtown Center and Club Rec**

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Veterans will need a referral to receive services.

Intake Process

Call for information and an appointment. The Club Rec telephone number is (804) 764-5275.

Intake Contact Telephone

(804) 764-1000

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Sheltering Arms Physical Rehabilitation Centers

<https://www.shelteringarms.com>

<https://www.shelteringarms.com/conditions-and-services/fitness-wellness/>

<https://www.facebook.com/shelteringarms/>

<https://twitter.com/SheltArmsRehab>

Rehablog <https://www.shelteringarms.com/about-us/rehablog/>

Main

(804) 764-1001

Toll-Free

(877) 567-3422

2805 West Broad Street

23230 VA

United States

Monday: 8:00 am-4:30 pm

Tuesday: 8:00 am-4:30 pm

Wednesday: 8:00 am-4:30 pm

Thursday: 8:00 am-4:30 pm

Friday: 8:00 am-4:30 pm

Saturday: Closed

Sunday: Closed

Payment Method(s)

Private Insurance

,

Medicaid

,

Medicare

,

Tricare

Languages Spoken

English

Our therapeutic rehabilitation services may incorporate the full spectrum of physical therapy, occupational therapy, recreational therapy, and speech and language therapy depending on the individual needs of the patient. We are focused on improving the quality of life by restoring your body's natural functionality.

Service Area(s)

Amelia County

,

Brunswick County

,

Caroline County

,

Charles City County

,

Charlottesville City

,

Chesterfield County

,

Colonial Heights City

,

Cumberland County

,

Dinwiddie County

,

Essex County

,

Fredericksburg City

,

Gloucester County

,

Goochland County

,

Greensville County

,

Halifax County

,

Hampton City

,

Hanover County

,

Henrico County

,

Isle of Wight County

,

James City County

,

King George County

,

King William County

,

King and Queen County

,

Lancaster County

,

Louisa County

,

Mathews County

,

Mecklenburg County

,

Middlesex County

,

New Kent County

,

Newport News City

,

Norfolk City

,

Northumberland County

,

Nottoway County

,

Petersburg City

,

Powhatan County

,

Prince Edward County

,

Prince George County

,

Richmond City

,

Richmond County

,

Southampton County

,

Spotsylvania County

,

Stafford County

,

Sussex County

,

Virginia Beach City

,

Westmoreland County

Email

[info@shelteringarms.com](mailto:info@shelteringarms.com)