

## Personal Care including ADLs, IADLs, and Private Duty Skilled Nursing

We can accommodate riders with:

Personal Care Attendants

Age Requirements

No Age Requirement

Available 24/7

Yes

Documents Required

Call for details

Intake Process

Call for information and services.

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Department of Health Professionals

Qualification Number

HCO-201800

Report Problems

Call the Agency

Self Refer

Yes

Capital City Nurses; DC Office

<https://www.capitalcitynurses.com>

<https://capitalcitynurses.com/care-service/in-home-care>

<https://www.facebook.com/CapitalCityNurses>

<https://twitter.com/capitalcitynurs>

Main

(202) 243-0110

Toll-Free

(866) 807-7307

DC Office  
4900 Massachusetts Avenue, Northwest, Suite 330  
20016 DC  
United States

#### Additional Availability Comments

Office Hours are 8:00 AM until 5:00 PM. After-hours on-call service is available.

#### Fee Structure

#### Fee Range

#### Payment Method(s)

Private Pay

#### Languages Spoken

English

,

Spanish

At Capital City Nurses our client-focused approach helps you or your loved one to age in place and maintain a life of dignity and independence. A tailored approach ensures clients receive the home health care services they require while keeping them safe.

A Registered Nurse (RN) performs a complete assessment and Personal Care Coordinators make a Caregiver match based on client preferences, skills, and availability. Service levels are based on the client's Individual Plan Of Care.

Licensed, bonded, and insured caregivers are supported with regular training, education, and other resources.

Caregivers provide a wide array of services including:

- Personal Care includes bathing, dressing, toileting, grooming, and helping with everyday tasks.
- Companionship includes chatting, encouraging activities, sharing meals, games, letter writing, and connecting with family through video chat.
- Transfer and ambulation care includes fall prevention care.
- Accompaniment to appointments and errands including safe escort to and from social events, hospital appointments, pharmacies, and more.

- Meal preparation and if needed, feeding assistance including healthy diets to ensure proper nutrition.
- Medication reminders.
- Range of motion assistance including help with physical therapy exercises between appointments or to stay active.
- Light housekeeping.

Other available services include [Skilled Nursing](#), [Rehabilitation and Post-operative Care](#), and [Medication Management](#).

Service Area(s)

Washington DC

Email

[info@capitalcitynurses.com](mailto:info@capitalcitynurses.com)