

## Caregiver Lunch and Learn Series, Newport News

Age Requirements

18 and over

Available 24/7

No

Intake Contact Email

information@paainc.org

Intake Process

Registration for the Lunch & Learn is required. Please call 757-246-1918

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Peninsula Agency on Aging, Inc.

<http://www.paainc.org/>

<https://paainc.org/caregiver-support.html>

Main

(757) 873-0541

739 Thimble Shoals Boulevard

Suite 1006

23606 VA

United States

Monday: 8:30 am-5:00 pm

Tuesday: 8:30 am-5:00 pm

Wednesday: 8:30 am-5:00 pm

Thursday: 8:30 am-5:00 pm

Friday: 8:30 am-5:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

The Hampton series is held on 1st Friday from March - December and runs from 11:30 - 1:00 pm. Normal office hours Monday-Friday 8:30 am - 5:00 pm.

Fee Structure

No Fee

Languages Spoken

English

**Offered on the 1st Friday of each month (between March-Dec), from 11:30 am - 1:00 pm. Please call 757-246-1918 for registration details.**

Caregiver Lunch & Learn Series--Providing Family Caregivers the hands-on skills they need to safely care for their loved one at home.

Peninsula Area Agency on Aging offers 'Caregiver Lunch & Learn' programs monthly from March through December each year. The program is offered in Newport News..

The series is free and includes lunch, but registration is required. The Newport News series is held on the 1st Friday each month from March through December and runs from 11:30 - 1:00 pm. Please call 757-246-1918 to register for the Newport News sessions.

To see the information about Memory Cafe and other programs that are offered, please visit [our website](#).

Service Area(s)

Hampton City

,

James City County

,

Newport News City

,

Poquoson City

,

Williamsburg City

,

York County

Email

[information@paainc.org](mailto:information@paainc.org)