

# Family Caregivers Respite, Helping Hands Respite Care

Age Requirements

18 and over

Available 24/7

No

Family

No

Intake Contact Email

info@seniorsfirst.info

Intake Process

Call for information. A Case Manager will conduct an initial assessment to determine eligibility for Our Place services.

Provider Refer

Yes

Self Refer

Yes

Seniors First, The Shenandoah Area Agency on Aging

<https://seniorsfirst.info/>

<https://seniorsfirst.info/services/in-home-services/respite-care/>

Main

(540) 635-7141

207 Mosby Lane

22630 VA

United States

Monday: 8:00 am-4:30 pm

Tuesday: 8:00 am-4:30 pm

Wednesday: 8:00 am-4:30 pm

Thursday: 8:00 am-4:30 pm

Friday: 8:00 am-4:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Call for Information

Payment Method(s)

Private Pay

Languages Spoken

English

Seniors First, The Shenandoah Area Agency on Aging (SAAA) currently operates two group Respite Centers for individuals with Alzheimer's disease or related dementia. Helping Hands Respite Care is a friendly and safe place. Contact a case manager from the Seniors First who will conduct an initial assessment to determine eligibility.

Caregivers are provided respite care, information and assistance, support group meetings and resources. Locations in Page County.

Service Area(s)

Clarke County

,

Frederick County

,

Page County

,

Shenandoah County

,

Warren County

,

Winchester City

Email

[info@seniorsfirst.info](mailto:info@seniorsfirst.info)