

## **Fitness Center, South Run RECenter**

Age Requirements

No Age Requirement

Family

Yes

Intake Process

Call the office; visit the website. Complete membership

Report Problems

Call the Agency

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Send an Email

Self Refer

Yes

Fairfax County Park Authority

<https://www.fairfaxcounty.gov/parks>

<https://www.fairfaxcounty.gov/parks/reccenter/south-run>

<https://www.facebook.com/fairfaxcountyparks>

Main

(703) 866-0566

South Run RecCenter

7550 Reservation Drive

22153 VA

United States

Monday: 8:00 am-4:30 pm

Tuesday: 8:00 am-4:30 pm

Wednesday: 8:00 am-4:30 pm

Thursday: 8:00 am-4:30 pm

Friday: 8:00 am-4:30 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Call for class times, pool hours and fitness hours

Fee Structure

Membership Fee

Payment Method(s)

Private Pay

Languages Spoken

English

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Spanish

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Korean

The Fairfax County Park Authority offers the South Run RECenter for members to use the floor to ceiling windowed Fitness Center overlooking parkland. The site has a 25 yard swimming pool with 3 lap lanes available for lap swimming, locker rooms with sauna, hot tub, racquetball/walleyball court, multi-purpose rooms for classes or rent, spin room and a mind body studio.

We offer Personal Training and Wellness Coaching. Private swim lessons and an indoor artificial turf Field House for sports rentals. Call about camps and classes for kids.

The Center is accessible according to ADA guidelines with curb ramps, automatic doors, ample parking, an elevator and a wheelchair accessible unisex bathroom. Bus stop on Fairfax County Parkway at park entrance. Other languages spoken include Hindi

Service Area(s)

Fairfax City

,

Fairfax County

,

Falls Church City

Email

[parkmail@fairfaxcounty.gov](mailto:parkmail@fairfaxcounty.gov)