

## Caregiver Resource Center (online)

Age Requirements

22-55

,

56-60

,

60+

Available 24/7

No

Other Eligibility Criteria

Serves caregivers of adults age 50 and older.

Family

Yes

Intake Contact Email

AARPVA@aarp.org

Intake Process

Call or visit the website for information. For local chapter meeting information, visit the Chapter Locator at <https://local.aarp.org/va/>

Intake Contact Telephone

(877) 333-5885

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

AARP Virginia State Office

<https://states.aarp.org/virginia/>

<https://www.aarp.org/caregiving/>

<http://www.facebook.com/aarpvirginia>

<http://www.twitter.com/aarpva>

Main

(866) 542-8164

Toll-Free

(866) 542-8164

TTY/TTD  
(877) 434-7598

901 East Byrd Street, Suite 1005  
23219 VA  
United States

Monday: 7:00 am-11:00 pm  
Tuesday: 7:00 am-11:00 pm  
Wednesday: 7:00 am-11:00 pm  
Thursday: 7:00 am-11:00 pm  
Friday: 7:00 am-11:00 pm  
Saturday: Closed  
Sunday: Closed

Fee Structure  
Call for Information  
Languages Spoken  
English

AARP offers an online Caregiving Resource Center. Visit the [Resource Center](#) This website offers: an online support group, caregiving tools, care provider locator, health tips, web chat, caregiving message board and more.

Service Area(s)  
Statewide  
Email  
[AARPVA@aarp.org](mailto:AARPVA@aarp.org)