

Personal Care and In-Home Services

Age Requirements

18 and over

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Arlington residents age 60 and older or adults age 18 and older with physical or cognitive disabilities make it difficult for them to complete home and self-care tasks. Must be unable to leave their home independently.

Intake Contact Email

arlaaa@arlingtonva.us

Intake Process

Call, email, or walk into the Customer Service Center to meet with an intake worker. Application is required.

Intake Contact Telephone

(703) 228-1700

Provider Refer

Yes

Report Problems

Call the Agency

Residency Requirements

Serves residents of Arlington county.

Self Refer

Yes

Arlington County Department of Human Services

<https://publicassistance.arlingtonva.us/>

<http://aging-disability.arlingtonva.us/programs/in-home/>

<https://www.arlingtonva.us/Government/Departments/DHS>

<https://twitter.com/ArlingtonDHS>

Main

(703) 228-1700

TTY/TTD

(703) 228-1788

2100 Washington Boulevard
Sequoia Plaza
22204 VA
United States

Monday: 8:30 am-5:00 pm

Tuesday: 8:30 am-5:00 pm

Wednesday: 8:30 am-5:00 pm

Thursday: 8:30 am-5:00 pm

Friday: 8:30 am-5:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

In home service hours may vary.

Fee Structure

Sliding Scale Fee

Languages Spoken

English

,

Spanish

Virginia Department of Social Services Adult Services Program provides home-based services including companion, chore, and homemaker services.

This program provides services that enable individuals to remain at home safely for as long as possible or return home after a hospitalization or skilled facility. Services are typically provided Monday through Friday, although special accommodations can sometimes be made. All services are provided by trained staff through the County or a home care agency contracted by the County. Services include:

- Bathing, personal care, using the bathroom
- Physical assistance with getting from bed to chair
- Eating reminders and assistance
- Medication reminders
- Meal preparation
- Laundry and light housekeeping
- Assistance with grocery shopping
- Healthcare escorts

Service Area(s)

Arlington County

Email

arlaaa@arlingtonva.us