

## **Senior Citizens Site, Pocahontas**

Age Requirements

60+

Available 24/7

No

Other Eligibility Criteria

Age 60 and older.

Family

No

Intake Contact

Rebecca Shrader

Intake Process

Walk-in; call for information

Report Problems

Call the Agency

Self Refer

Yes

Appalachian Agency for Senior Citizens (AASC)

<http://www.aasc.org/>

<http://www.aasc.org/services/nutrition.html>

Main

(276) 945-2054

Toll-Free

(800) 656-2272

Wardell Industrial Park

216 College Ridge Road

24609 VA

United States

Monday: Closed

Tuesday: Closed

Wednesday: Closed

Thursday: 10:00 am-1:00 pm

Friday: 10:00 am-1:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Noon meal is available.

Fee Structure

Suggested Donation

Languages Spoken

English

Senior Center site in Pocahontas offers active adults 60 or older a friendly and fun place to gather for exercise, nutrition, health programs, and health screenings. Participants can also learn a craft and enjoy a nutritious lunch. Participants may be eligible for transportation assistance to the site.

Lunch is available with a suggested donation of \$1.00 - \$5.00 based on age and income. Four County Transit may provide transportation for a small donation.

Call the senior citizens site for more information or call Appalachian Agency for Senior Citizens at 276-964-4915.

Service Area(s)

Tazewell County

Email

[rmatney@aasc.org](mailto:rmatney@aasc.org)