

## **Companion and In Home Assistance**

Age Requirements

18 and over

Available 24/7

No

Family

No

Intake Process

Call the office

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Dependable Home Health Services, Inc.

<http://dependablehhs.com/>

<https://www.dependablehhservices.com/services/>

Main

(703) 370-2300

Toll-Free

(800) 779-1407

50 S. Pickett Street, Suite 200

22304 VA

United States

Fee Structure

Fixed Fee

Payment Method(s)

Private Pay

Languages Spoken

English

Dependable Home Health provides companion care and in home assistance. Services can include but are not limited to:

- Errands and Transportation
- Medication reminder
- Schedule planning & assistance
- Accompany to social gatherings & outings
- Light Housekeeping
- Assistance with light gardening
- Laundry & ironing
- Companionship
- Supportive & friendly conversation
- Help pay bills & organize and open mails
- Assistance with hobbies
- Light meal preparation

Specialized Care includes Alzheimer's & dementia care. Live in care and 24 hours care is available.

Service Area(s)

Alexandria City

,

Arlington County

,

Fairfax City

,

Fairfax County

,

Falls Church City