

# Senior Citizens Center Nutrition Program

Age Requirements

60+

Available 24/7

No

Other Eligibility Criteria

Age 60; other limitations may apply. The Nutrition Program is open to City Residents 60 years of age or older who meet the qualifications.

Family

No

Intake Contact Email

lchatmon@cdaaa.org

Intake Process

Call for more information.

Self Refer

Yes

Colonial Heights Recreation and Parks

<http://www.colonialheightsva.gov/256/Recreation-Parks>

<https://www.facebook.com/colonialheightsrec>

Main

(804) 520-9220

157 Roanoke Avenue

23834 VA

United States

Monday: 8:00 am-5:00 pm

Tuesday: 8:00 am-5:00 pm

Wednesday: 8:00 am-5:00 pm

Thursday: 8:00 am-5:00 pm

Friday: 8:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Call for Information

Languages Spoken

English

The Nutrition Program for the elderly provides one hot meal a day, five days a week for persons 60 years of age or older. This program is a part of a nationwide effort which seeks not only to provide a nutritional meal, but also a break to the grip of isolation in which many older persons find themselves.

Preference will be given to persons with the greatest need. For those persons who do not have transportation, arrangements can be made. For seniors who are homebound, meals can be delivered to their home. For additional information on the [Nutrition Program](#), call Nutrition Director, Lorraine Chatmon, at Crater District Area Agency on Aging (CDAAA). She can be reached at 804-732-7020, ext 405, or email her at [lchatmon@cdaaa.org](mailto:lchatmon@cdaaa.org).

Service Area(s)

Colonial Heights City

Email

[skalakc@colonialheightsva.gov](mailto:skalakc@colonialheightsva.gov)