

# **Fibromyalgia Treatment**

Available 24/7

No

Other Eligibility Criteria

Ages over 18.

Family

No

Intake Process

Referrals for Fibromyalgia Comprehensive Program services may be made by physicians, other health professionals, community agencies, insurance companies, hospitals, family members, or oneself.

MedStar National Rehabilitation Hospital

<https://www.nrhrehab.org/>

Main

(202) 877-4674

TTY/TTD

(202) 877-1450

102 Irving Street, NW

20010 DC

United States

Fee Structure

Call for Information

Payment Method(s)

Private Pay

,

Private Insurance

,

Medicaid

,

Medicare

,

Tricare

Languages Spoken

English

Fibromyalgia is a common condition characterized by widespread pain in joints, muscles, tendons, and other soft tissues. The overwhelming characteristic of fibromyalgia is long-standing, body-wide pain with defined tender points. The cause of this disorder is unknown.

Treatment consists of managing symptoms to the greatest extent possible. Because patients vary widely in their responses to available modalities, several approaches may need to be tried before a satisfactory regimen can be established. For this reason, a multi-disciplinary, medical team approach has been developed by the staff of National Rehabilitation Hospital (NRH) Regional Rehab. The goal is to provide a program that will help a patient feel better, improve their quality of life and the skills to manage their symptoms.

Treatment can include: physical therapy, manual therapy, myofascial release, biofeedback and relaxation training, stretching and aerobic exercise.

Bus Line: Metrobus, Subway Stop: Brookland/Redline.

Service Area(s)  
Statewide