Counseling for Survivors of Sexual Assault

Age Requirements 16-21 18 and over Available 24/7 No Other Eligibility Criteria Age unrestricted. We assist those affected by sexual violence. Family No Intake Contact General **Intake Process** Appointments can be made by phone for an intake and evaluation. Provider Refer Yes Report Problems Call the Agency Self Refer Yes Rappahannock Council Against Sexual Assault http://www.rcasa.org https://www.rcasa.org/counseling https://www.facebook.com/Rcasa1 https://twitter.com/rcasa va?lang=en Main (540) 371-6771 Toll-Free (800) 838-8238 Phone Emergency (540) 371-1666 TTY/TTD

(540) 371-5581

615 Jefferson Davis Hwy Suite 201 22401 VA United States

Monday: 9:00 am-5:00 pm Tuesday: 9:00 am-5:00 pm Wednesday: 9:00 am-5:00 pm Thursday: 9:00 am-5:00 pm Friday: 9:00 am-5:00 pm

Saturday: Closed Sunday: Closed

Additional Availability Comments

Crisis intervention is available 24 hours/day. Call 540-371-1666

Fee Structure

Call for Information Languages Spoken

English

Rappahannock Council Against Sexual Assault (RCASA) offers One-on-one Crisis Counseling. Short-term crisis counseling is available. A trained crisis counselor is available during office hours to provide information and support. Please call the office for an appointment.

Counselors use a variety of therapeutic interventions, including, but not limited to, Cognitive Behavioral Therapy (CBT), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Cognitive Processing Therapy (CPT), Art Therapy, and Eye Movement Desensitization and Reprocessing (EMDR).

RCASA is a private, nonprofit organization committed to (1) coordinating, organizing and initiating services that aid survivors of sexual assault and their significant others; (2) educating the public on sexual assault issues; and (3) acting as an advocate and resource for the needs and rights of survivors of sexual assault and their significant others.

Service Area(s) Caroline County

Fredericksburg City

,

King George County
,
Spotsylvania County
,
Stafford County
Email
info@rcasa.org