

## **Mental Health Therapy for Individual, Group, Couples and Families, Staples Mill**

Age Requirements

No Age Requirement

Available 24/7

No

Other Eligibility Criteria

None specified

Intake Process

Call for an appointment, this practice is currently accepting new patients.

Provider Refer

Yes

Self Refer

Yes

Westwood Group

<http://www.thewestwoodgroup.org/>

Main

(804) 264-0966

5821 Staples Mill Road

23228 VA

United States

Monday: 8:45 am-5:00 pm

Tuesday: 8:45 am-5:00 pm

Wednesday: 8:45 am-5:00 pm

Thursday: 8:45 am-5:00 pm

Friday: 8:45 am-5:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Fee Range

Payment Method(s)

Private Pay

Languages Spoken

## English

The Westwood Group is a solutions-focused behavioral physiology practice that was formed in 1983 and currently includes licensed clinical psychologists, social workers (LCSW), and professional counselors (CP). They serve individuals, adolescents, adults, and seniors and are able to work with them as individuals, couples, families, and groups providing comprehensive psychological evaluations.

Treatment is provided for adjustment disorders, anger management, anxiety, phobias, depression, attention disorders, couples/relationship issues, domestic violence, divorce or separation adjustment, eating disorders, geriatrics, interpersonal problems, stress management, men's issues, women's issues, and more.

They also perform geriatric, cognitive, and functional assessments and check for depression, memory loss, and anxiety.

### Service Area(s)

Chesterfield County

,

Goochland County

,

Hanover County

,

Henrico County

,

Richmond City