

## Congregate Meals, Stafford County

Age Requirements

60+

Available 24/7

No

Other Eligibility Criteria

Persons over 60

Family

No

Intake Process

Self-referral. Written application required. Call for appointment.

Self Refer

Yes

Healthy Generations Area Agency on Aging

<https://healthygenerations.org>

<https://www.facebook.com/RappahannockAreaAgencyonAging/>

Main

(540) 371-3375

Toll-Free

(800) 262-4012

Rowser Bldg

1739 Jeff Davis Hwy

22554 VA

United States

Fee Structure

Suggested Donation

Languages Spoken

English

Congregate (group) meal centers provide individuals aged sixty or older and the spouses of such individuals with low-cost, nutritionally-sound, breakfast and hot noonday meals. These meals are served in churches, community centers and senior centers.

Preference is given, as with all OAA funded programs, to those older persons with the greatest social and economic needs. The program aims to increase socialization and recreation opportunities thereby reducing the isolation of old age.

Stafford Senior Cafe is open 3 days each week seniors have the opportunity to socialize, grocery shop and receive a nutritious meal. Meals served 9:30AM - 1:30PM.

Service Area(s)  
Stafford County