

## **Disease Prevention and Health Promotion**

Age Requirements

60+

Available 24/7

No

Other Eligibility Criteria

Contact the office for more information.

Family

No

Intake Contact

Christine Lester

Intake Process

Contact the office for more information.

Report Problems

Call the Agency

Self Refer

Yes

Appalachian Agency for Senior Citizens (AASC)

<http://www.aasc.org/>

<http://www.aasc.org/services/carecoordination.html>

Main

(276) 964-4915

Toll-Free

(800) 656-2272

Wardell Industrial Park

216 College Ridge Road

24609 VA

United States

Monday: 8:00 am-4:30 pm

Tuesday: 8:00 am-4:30 pm

Wednesday: 8:00 am-4:30 pm

Thursday: 8:00 am-4:30 pm

Friday: 8:00 am-4:30 pm

Saturday: Closed

Sunday: Closed

Fee Structure

No Fee

Languages Spoken

English

The Disease Prevention and Health Promotion Program provides activities designed to prevent disease and promote the health of older persons. These include health risk assessments; routine health screening; nutritional counseling and education; health promotion; physical fitness and group exercise; music/are/dance-movement therapy; home injury control; mental health screening/education/referral; information on Medicare coverage; medication management; information on diagnosis/prevention/treatment/rehabilitation of age related diseases and chronic disabling conditions; gerontological counseling; and social services/follow up health services counseling. These programs are offered as all nutrition sites, seniors and senior clubs upon request. Services are available to home bound clients.

This service is part of the Care Coordination program.

Service Area(s)

Buchanan County

,

Dickenson County

,

Russell County

,

Tazewell County

Email

[rmatney@aasc.org](mailto:rmatney@aasc.org)