

Mental Health Counseling, Arlington

Age Requirements

0-5

,

6-12

,

13-21

,

22-55

,

56-60

,

60+

Available 24/7

No

Other Eligibility Criteria

Arlington County residents

Family

No

Intake Contact

Mary Agee

Intake Process

Phone, Appointment required

Self Refer

Yes

Northern Virginia Family Service

<https://www.nvfs.org>

Main

(571) 748-2978

1801 N George Mason Dr

22207 VA

United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Call for Information

Languages Spoken

Spanish

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French

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English

Northern Virginia Family Service offers at this satellite office, bilingual/bicultural counseling for families, individuals and/or groups. May include in-home family assessments, crisis intervention, and coordination with other community agencies. Some services may be free to eligible clients. Services address such issues as depression, anxiety, loss and trauma, and are offered in variety of modalities, such as individual, couples, group and family therapy.

The multicultural mental health services address the mental health needs of low-income, English-limited immigrants and refugees for whom existing services are inaccessible due to language and cultural barriers.

Bus Line: Metrobus.

Languages: other languages; Cambodian, French, Lao, Somali

Service Area(s)

Arlington County

,

Fairfax City

,

Fairfax County