

# **Mental Health and Substance Use Outpatient Services**

Age Requirements

0-5

,

6-12

,

13-21

,

22-55

,

56-60

,

60+

Available 24/7

No

Family

No

Intake Process

To schedule an please call (703) 750 - 1292, or send an email to [mwarden@livingfreehealth.com](mailto:mwarden@livingfreehealth.com).

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

Qualification Number

149-07-004

Self Refer

Yes

Living Free Health Services

<http://www.livingfreehealth.com>

Main

(703) 750-1292

4306 Evergreen Lane,  
Suite 204  
22003 VA  
United States

Fee Structure

Call for Information

Payment Method(s)

Private Pay

,

Private Insurance

Languages Spoken

English

,

Spanish

,

Sign Language

Mental Health Care: The goal of Living Free is to provide the highest quality mental health care for individuals, couples and families experiencing social, emotional and/or behavioral problems. Living Free is designed to help clients attain, enhance or re-establish their overall mental health.

Living Free offers Individual, Group, Couples and Family therapy and Hypnotherapy by Certified Practitioners. The target population is males and females, ages 13 through adulthood who have problems with mood disorders, anxiety and stress, crisis, co-dependency issues, compulsion disorders (gambling, sex and spending), adjustment disorders including adjustment to acute and chronic illness, marital conflict, parent-child conflict, family issues, low self-esteem, post traumatic stress and HIV issues. Living Free also offers a Hispanic program for those clients who have a difficult time expressing their thoughts and feelings in English.

- Subway Stop: VanDorn Street.

Service Area(s)

Alexandria City

,

Arlington County

,

Fairfax City

,

Fairfax County

,

Falls Church City