

## Commuter Connections

Age Requirements

No Age Requirement

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Intake Contact Email

ridematching@mwcog.org

Intake Process

Call to request an application.

Intake Contact Telephone

(800) 745-7433

Report Problems

Call the Agency

Residency Requirements

Serves people who work in the Washington DC metro area.

Commuter Connections

<http://www.commuterconnections.org/>

Main

(800) 745-7433

Toll-Free

(800) 745-7433

TTY/TTD

(202) 962-3213

777 North Capitol Street Northeast

Suite 300

20002 DC

United States

Fee Structure

No Fee

Languages Spoken

English

,  
Spanish

Commuter Connections is a regional network of transportation organizations coordinated by the Metropolitan Washington Council of Governments. For people who live or work in the Metropolitan Washington D.C. area, Commuter Connections provides information on all commute options, so commuters can make a smart choice about how they travel to work. Commuter Connections also helps employers establish commuting benefits and assistance programs, including telework and telecommute programs, for their employees.

Among the many services are ride-matching for carpools and vanpools and the Guaranteed Ride Home program. Commuter Connections can provide you with the best commute options to get to work and in an emergency get you home too. Guaranteed Ride Home (otherwise known as GRH) provides commuters who regularly (twice a week) carpool, vanpool, bike, walk or take transit to work with a free and reliable ride home when one of life's unexpected emergencies arises.

The [CarpoolNow app](#) is available on Google Play and the App Store.

Does not offer wheelchair transportation. Refer to Metro Access at 800-523-7009.

Service Area(s)

Alexandria City

,  
Arlington County

,  
Fairfax City

,  
Fairfax County

,  
Falls Church City

,  
Prince William County

Email

[ridematching@mwkog.org](mailto:ridematching@mwkog.org)