## **Behavioral Health and Psychological Assessment**

Age Requirements No Age Requirement Available 24/7 No **Documents Required** Call for details Family No **Intake Process** Call for an assessment. Intake Contact Telephone (757) 872-8303 Provider Refer Yes Qualifications **Qualification Type** Licensure **Qualification Entity** Virginia Department of Medical Assistance Services (DMAS) **Qualification Type** Licensure **Qualification Entity** Virginia Department of Health Professions **Oualification Number** 0810001348 **Report Problems** Call the Agency Self Refer Yes **Behavioral Medicine Institute** Main (757) 872-8303

802 Lockwood Drive Suite B 23602 VA United States

Monday: 8:00 am-5:00 pm Tuesday: 8:00 am-5:00 pm Wednesday: 8:00 am-5:00 pm Thursday: 8:00 am-5:00 pm Friday: 8:00 am-5:00 pm Saturday: Closed Sunday: Closed Fee Structure Call for Information Payment Method(s) Private Pay , Private Insurance , Medicaid , Medicare

Languages Spoken English

Clinicians at the Behavioral Medicine Institute (BMI) specialize in treating chronic pain (headaches, back pain, etc), anxiety disorders, as well as chronic medical conditions and disabilities. Cognitive-behavioral therapy and self-regulatory techniques such as hypnosis and biofeedback are used. Clinicians also provide traditional psychological and psychiatric assessment and treatment services. Medication management is also available for patients of all ages.

Service Area(s) Hampton City

Newport News City

Poquoson City

York County

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