Congregate Meals, Hiltons

Age Requirements 56-60 , 60 +Available 24/7 No Other Eligibility Criteria Persons age 60 and older Intake Contact Email info@meoc.org Intake Process Walk-ins and telephone referrals accepted Provider Refer Yes Self Refer Yes Mountain Empire Older Citizens, Inc. (MEOC) http://www.meoc.org https://www.facebook.com/mountainempireoldercitizens/ https://twitter.com/VAMEOC Main (276) 523-4202 **Toll-Free** (800) 252-6362 2869 Hiltons Road 24251 VA **United States** Additional Availability Comments Office hours are Monday-Friday 8:00AM-5:30PM Fee Structure Suggested Donation Languages Spoken English

Hiltons United Methodist Church provides a congregate nutrition site which serves a nutritious, hot, noontime meal. Each site offers a variety of activities, exercise, health education, health screenings, music and storytelling, quilting and crafts. Current events and other topics of interest to older citizens are an important part of the program. These sites operate as part of Mountain Empire Older Citizen's (MEOC) Wellness Is Now (WIN) initiative. Most WIN Centers also provide community group respite service during regular hours of operation.

This site is open on Thursdays from 9:30AM until 1:30PM at 2869 Hilton Road in Gate City.

Service Area(s) Scott County

, Wise County Email <u>kristen.rutherford@meoc.org</u>