

## **Long Term Care Insurance**

Private insurance options for long term care.

Links

## **AARP Long-Term Care Cost Calculator**

Source

[AARP Long-Term Care Cost Calculator](#)

Links

## **Genworth Cost of Care Survey**

Source

[Genworth Cost of Care Survey](#)

Article

## **How to Avoid Going Broke in Long-Term Care**

This article explores ways to protect your assets while also paying for long-term care.

Source

[Smith Strong, PLC](#)

Article

## **Paying for Long-Term Care**

Many older adults and caregivers worry about the cost of medical care. These expenses can use up a significant part of monthly income, even for families who thought they had saved enough.

Source

[National Institute on Aging](#)

Links

## **Virginia Insurance Counseling & Assistance Program (VICAP)**

Source

[Virginia Insurance Counseling & Assistance Program \(VICAP\)](#)

Article

## **Common Misconceptions About Long Term Care**

There are many misconceptions about long term care. This tipsheet will provide some facts to aid in your planning.

Source

[Genworth](#)

Article

## **Planning for Long Term Care**

Long term care is one of the most pressing issues facing Americans today- and it will only get more urgent as the nation ages. While people are living longer, many have little idea about the added pressures on their “long life care”- fiscally and emotionally.

Source

[Genworth](#)

Article

## **Talking to Loved Ones**

Talking to loved ones about big issues like aging, money, health and end-of-life care can be awkward. Having honest conversations now lets you know what your parents or loved ones want, and can help ensure that they live life on their terms and as fully as possible.

Source

[Genworth](#)

Links

## **Federal Long-Term Care Insurance Program for Federal Employees**

Source

[Federal Long-Term Care Insurance Program for Federal Employees](#)

Links

## **State Corporation Commission (SCC): Virginia Bureau of Insurance**

Source

[State Corporation Commission \(SCC\): Virginia Bureau of Insurance](#)

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