

## **Flu Shots**

Programs that provide immunizations to prevent influenza (flu) which can be especially serious in the elderly.

Article

## **Peak Season for Respiratory Diseases Is Near: There Is Still Time to Get Vaccinated**

On December 14, CDC issued a Health Alert Network (HAN) advisory to healthcare providers and public health officials highlighting the increased respiratory disease activity occurring in the U.S. The HAN noted that low vaccination rates for COVID-19, influenza, and RSV could lead to more severe disease and a strained healthcare system for the rest of the season.

Source

[Centers for Disease Control \(CDC\)](#)

Article

## **Who Needs a Flu Vaccine and When**

Read important information for the 2020-2021 flu season!

Source

[Centers for Disease Control \(CDC\)](#)

Article

## **Flu: What To Do If You Get Sick**

Learn and signs and symptoms of the flu and what to do if you get sick.

Source

[Centers for Disease Control \(CDC\)](#)

Article

## **Flu Prevention for 2023-2024**

Check out the CDC's 2022-2023 information on flu prevention.

Source

[Centers for Disease Control \(CDC\)](#)

Article

## **Key Facts about Influenza (Flu)**

The flu is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and lungs. It can cause mild to severe illness, and at times can lead to death. The best way to prevent the flu is by getting a flu vaccine each year.

Source

[Centers for Disease Control \(CDC\)](#)

Links

## **American Lung Association's Flu Clinic Locator**

Source

[American Lung Association's Flu Clinic Locator](#)

Links

## **National Foundation for Infectious Diseases**

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[National Foundation for Infectious Diseases](#)

Links

## **MedlinePlus Drug Information**

Source

[MedlinePlus Drug Information](#)

Links

## **Virginia Department of Health (VDH): Immunization**

Source

[Virginia Department of Health \(VDH\): Immunization](#)

Links

## **Centers for Disease Control and Prevention (CDC): Influenza (Flu)**

Source

[Centers for Disease Control and Prevention \(CDC\): Influenze \(Flu\)](#)

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