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## **NAMI Family Support Group, Charlottesville**

Date and Time

Tuesday 7/24/2018 6:00 to 7:30pm

Event Region

Southwest Virginia

Event Type

Support group

RSVP Info

[namiblueridge@gmail.com](mailto:namiblueridge@gmail.com)

Event Cost

\$0.00

Event Description

NAMI Family Support Groups are free, confidential and safe groups for families helping other families who live with mental health challenges by utilizing their collective lived experiences and learned group wisdom. Parents with a newly diagnosed youth, teen or young adult will find a welcoming and supportive environment to share concerns and questions. For more information, contact [namiblueridge@gmail.com](mailto:namiblueridge@gmail.com)