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Bereavement Support Group

Date and Time Weekly on Friday at 3:00pm for 24 times Event URL <u>The Senior Center</u> Event Region Charlottesville Area Event Type Support group RSVP Info 434-974-7756 Event Cost \$0.00 Event Description

Bereavement Support Group meets at The Senior Center every Friday of each month from 3 - 4:30pm. Facilitated by Hospice of the Piedmont - Trained counselors, the group offers opportunities to discuss grief topics, learn about healthy ways of coping, and share support with others going through similar experiences. This support group meets EVERY Friday. Free and open to all. Contact the Center at 434-974-7756 for more information.