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Concussion Support Group

Date and Time

Monthly on the second Thursday at 6:00pm for 7 times

Event URL

[Register](#)

Event Region

Richmond Area

Event Type

Support group

RSVP Info

info@shelteringarms.com

Event Cost

\$0.00

Event Description

Education and support make a huge difference in concussion recovery. Please join us for a brief informational session provided by Sheltering Arms Total Concussion Care team followed by an open forum for questions. This support group is intended to provide an outlet for discussion of shared experiences to help with coping strategies and general education about concussions. If you are an adult diagnosed with a concussion and are actively under the care of a healthcare provider for the injury (MD, PT, SLP, Psychologist, etc), we encourage you to attend. There is no fee but registration is required by January 10th.