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## **Preoperative Joint Camp-Preparing for Joint Replacement**

Date and Time

Thursday 12/7/2017 12:00 to 2:30pm

Event URL

<https://www.sentara.com/charlottesville-virginia/classesevents.aspx>

Event Region

Charlottesville Area

Event Type

Class

RSVP Info

800-736-8272

Event Cost

\$0.00

Event Description

Sentara Martha Jefferson Hospital offers Preoperative Joint Camp-Preparing for Joint Replacement class. The class is designed for patients who are preparing to have a Total Hip or Total Knee replacement. The class will review the process of getting ready for surgery; identify components of prosthesis; discuss hospital stay; meet with PT and OT therapy; prevention of potential complications; discuss post-operative pain management and identify discharge planning options. Please arrive 5-10 minutes early. Your instruction will meet the class attendees at the Main Hospital in the main lobby by the Grand Piano (just past the gift shop), but class will be held in the Seale conference room. Registration is required. Call 1-800-736-8272 for information or to cancel. NOTE: This class meets on Thursday of each week from 1 -3:30pm.